

Gateway Middle School Sports Team Permission Slip

I (student) _____ am interested in playing for the Griffins sports team. I know the dates and times of the games and will be at GMS no later than 30 minutes before each game so we can arrive together safely as a team. My coach is committed to me and respects me therefore; I will treat him/her with the same level of respect and commitment. I also understand I am participating in the sport of *(list all sports here)* _____ that, like all physical activity, has the potential of causing injury. I will listen to my coach when he/she makes suggestions of appropriate stretches, clothing and behaviors to help minimize risk of injury. Also, I will try always to have fun!

I (parent/guardian) _____ understand my child will be participating in a sports team that will play off campus for some games and will be played after regular school hours. I have received a copy of the schedule and give the designated sports coach or any authorized substitute coach, permission to escort my child either via bus or car to games and home if needed. I also give permission for my child to participate in sports activities that, like all physical activity, has the potential of causing injury.

CODE OF CONDUCT:

I agree to the following guidelines that must be followed in order to participate on CACS/Gateway teams:

1. I am a good sport (win or lose). I will encourage and support my teammates to play their best when I am on or off the court/field.
2. I will maintain a C- or above at all time in order to participate. If my grades do not meet this standard, I will be on academic probation until the grades have improved.
3. I will be responsible for bringing appropriate shoes, socks and shorts to all events (shin-guards for futsal and knee pads for volleyball).
4. If I do not bring the appropriate clothing for practice and or games, I will not be allowed to participate that day.
5. Each athlete is only allowed to miss 2 practices (unless with a doctors note) or they will be removed from the team.
6. I will respect all coaches (adult and student) and follow their directions when asked to do so.
7. I will be responsible for my own snacks prior to games/practice (it is important to eat a good lunch and have a healthy snack to keep your energy up for game and practice).

PARENT/GUARDIAN SIGNATURE

PLAYER SIGNATURE